In-home Assessment Process

Tri-County can conduct an in-home assessment for anyone who is 60+ or has a chronic condition. If you are experiencing challenges living independently our goal is to help you get the resources you need to live in your home safely for as long as possible. An in-home assessment request typically comes from a family member, friend, neighbor, doctor, clinic or the client themselves.

During the Assessment
- During the assessment process, we sit down with individuals and listen to what their needs are and educate what supports and services resources are available to help them if and when they need them. Assessment questions include:
    - *What are your goals for living independently?*
    - *Do they have enough food, and can they prepare it?*
    - *Do they have transportation?*
    - *Is there a caregiver? What does the caregiver need?*
    - *Do they need assistance bathing, dressing, eating?*
    - *Does the client have advanced directives?*
    - *Do they need a life alert?*

Developing a care plan
- Our care coordination team then collaborates with the client to develop a care plan around their goals. The care plan can include support, services or long-term care options:
    - *Housekeeping*
    - *Personal care (bathing and dressing assistance)*
    - *Home-delivered meals*
    - *Caregiver support (respite for the caregiver)*
    - *Home repair needs*
    - *Durable Medical Equipment loans*

After the Assessment
We check back in regularly to assess how the services are going.
- We conduct in-home assessments every 6 months to see what has changed for the client and what new resources could be beneficial.
- The client is our focus!
    - *No judgement* – we are there just to get a sense of the client's needs. Clients don't need to straighten or clean up before we come!
    - *Client-led* – throughout the entire process we are focused on identifying the client's goals for why we are in the home and the resources we can provide to help the client meet those goals. We do not push our agenda on the client or tell the client they need to move to a nursing home if that is not what they want.