


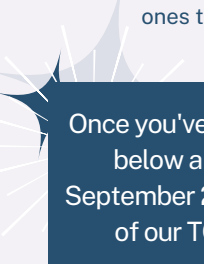
# HOPE LIVES HERE

## September Search

***Rediscover the hope in our community by participating in our September Search! Find all four items on the back of this card for a chance to win one of four \$50 Amazon gift cards!***



Scan the QR code on the front of the card to view the Community Calendar and find tips on completing the search.

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- ☐ **Community:** Find connection! Attend a favorite community event or discover a new one.
  - ☐ **Communication:** Find conversation! Check in on a friend or share something that has been on your mind with a trusted person. Remember you are not alone!
  - ☐ **Creativity:** Find expression! Explore yourself through art, music, sports, or other creative outlets to improve your well-being and personal growth.
  - ☐ **Coping skills:** Find support! Expand your coping toolkit by testing new strategies this month and reevaluate existing ones to ensure they still meet your needs.
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Once you've completed the search, fill out your information below and turn in the bottom portion of this card on September 29th at the Walk for Hope in Telluride OR at one of our TCHN offices in Delta, Montrose or Telluride.

NAME

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EMAIL

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PHONE

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